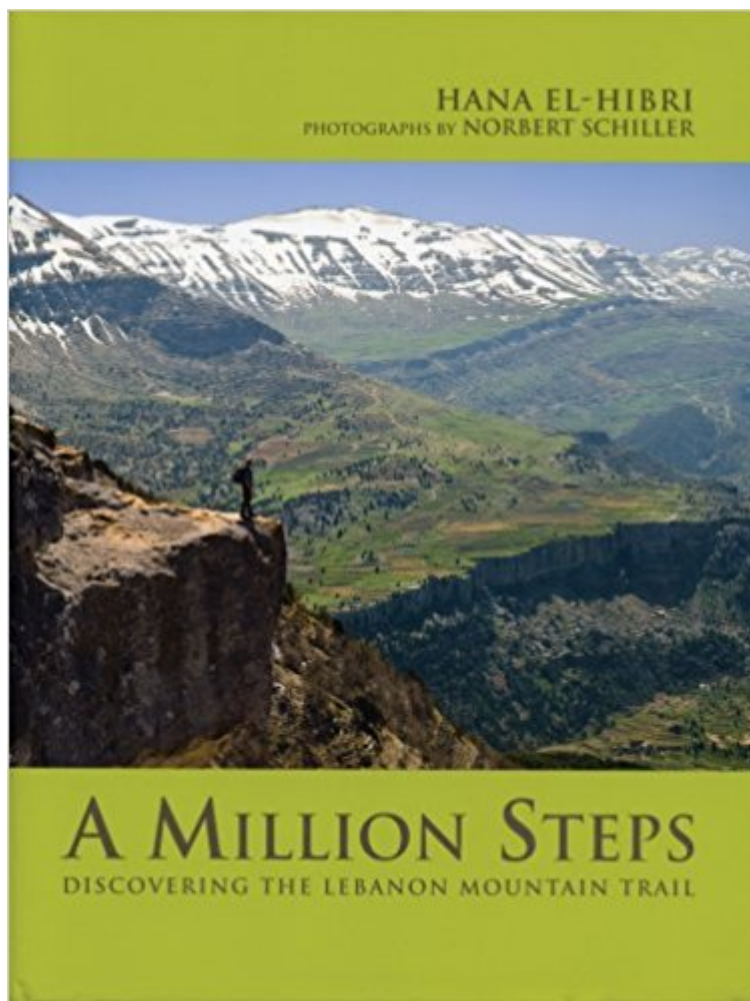


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A Million Steps: Discovering The Lebanon Mountain Trail



Synopsis

A thrilling, yet intimate, view of the 440 km trail that runs through the remote and majestic Lebanese mountains. Hana El-Hibri and her fellow hikers were the first to walk the length of Lebanon from north to south, and her up-close account of the month-long journey is accompanied by Norbert Schiller's superb photos, capturing the region's diverse wildlife, its stunning scenery and the colorful characters that live there. On their journey, they encountered torrential rivers, thunderous storms, and blazing sunshine. They crossed deep gorges, massive snowfields, and idyllic meadows. They came across goats, wild animals, and dozens of colorful local characters who treated them to the hospitality, cuisine, and folklore of the Lebanese mountains. *A Million Steps* gives us snapshots of a Lebanon that is rarely seen and of an adventure of discovery, beauty and companionship to be treasured by all who value Lebanon's rich rural heritage. A fabulous gift book!

Book Information

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Customer Reviews

The Lebanon Mountain Trail, a 275-mile hiking path running the length of Lebanon, was developed in 2006 from a variety of existing roads, trails, and paths along with constructed connectors. To raise awareness of the trail and promote conservation in Lebanon, El-Hibri, an experienced mountaineer, here relates her month-long ecotour as she hiked with a core team (frequently supplemented with day and section hikers) and was exposed to traditional foods, Lebanon's iconic cedar forests, the snow-capped mountains that inspired Khalil Gibran, gorgeous waterfalls, and stunning fields of wildflowers. Her trek from guesthouse to guesthouse through rural and mountainous country is beautifully photographed by prolific Middle Eastern photojournalist Schiller.

The text is a diary-style collection of vignettes from the hike and lacks the detail or intrigue of a crafted narrative. Verdict This coffee-table book is primarily a showcase for the numerous landscape photos that will turn your preconceived notions of Lebanon on their head. It beautifully presents the diversity of the rural Lebanese landscape, showing the potential for the Lebanon Mountain Trail and the country's nascent ecotourism industry. --Library Journal

A thrilling, yet intimate, view of the 440 km trail that runs through the remote and majestic Lebanese mountains. Hana El-Hibri and her fellow hikers were the first to walk the length of Lebanon from north to south, and her up-close account of the month-long journey is accompanied by Norbert Schiller's superb photos, capturing the region's diverse wildlife, its stunning scenery and the colorful characters that live there. A Million Steps gives us snapshots of a Lebanon that is rarely seen and of an adventure of discovery, beauty and companionship to be treasured by all who value Lebanon's rich rural heritage. A fabulous gift book!

Amazing story of an incredible adventure in a lovely land. Photos capture the heartland of Lebanon with affection and sensitivity. What a wonderful gift!

Give yourself a treat and explore the will of humankind and a dimension of Lebanon that rivals the Appalachian Trail.

Wonderful book. A REAL MUST HAVE!!!!!! ordered two copies and both were in the best condition and sent without delay.

Marvelous, beautiful pictures.

I have hiked the LMT and read the book. This is a wonderful book. Very well written and very pictorial. This is of great interest to anyone wanting to discover what Lebanon offers best in its nature and its genuine culture. It takes you through some of the best locations that some natives have not discovered yet. Anyone wanting to have an unusual experience can follow through the footsteps of these hikers and have his own version of such an adventure.

This is a great book, I love it. It really gives you a sense of the Lebanon Mountain Trail from the really stunning pictures and excellent description of the experience of the author walking the trail. If

you enjoy long hikes and Treks get this book and plan a trip on the Lebanon Mountain Trail. I have been inspired and have started planning my trip there.

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